

BEHAVIOR HEALTH UNIT



WHAT IS CIT?

Crisis Intervention Team

The National Alliance on Mental Illness describes CIT as an innovative, community based approach to improving outcomes for first responders who have encounters with people who are experiencing mental health crises.

CIT International defines CIT as a community partnership of law enforcement, mental health and addiction professionals, individuals who live with mental illness and/or addiction disorders, their families, and other advocates.

Community Building

These programs are local initiatives designed to improve the way law enforcement and the community respond to people experiencing mental health crises. CIT promotes officer safety as well as the safety of the individual in crisis. CIT promotes community and statewide solutions to assist individuals with mental illness and addiction

Partnerships

CIT is built on strong partnerships among local law enforcement agencies, mental health provider agencies, and individuals and families affected by mental illness.

WHY CIT?

- Mental illness affects around 1 in 5 American adults every year
- 1 in 25 American adults live with a serious mental illness (SMI), approximately 10 million adults.
- 17% of youth in America experience a mental health disorder
- Individuals with mental illness are 47% more likely to be arrested during police encounters than individuals without.
- 2 in 5 people incarcerated have a history of mental illness
- 45% of people in jail who have a mental illness receive mental health treatment while in jail.

(NAMI, Substance Abuse and Mental Health Services Administration)

GOALS OF CIT

- To gain awareness of mental health issues.
- To increase officer awareness in recognizing when a person is having a mental health crisis.
- To learn how to intervene with effective and safe techniques to enhance both officer and public safety.
- To provide avenues for people to be diverted from jail & into mental health services.
- **To reduce high utilizer calls.**



HISTORY OF CIT

- Memphis (TN) 1987
 - Officers respond to call with male armed with a knife cutting himself
 - Male subject was a mental health consumer
 - Consumer charged officers and was shot and killed
 - Large public outcry
- Memphis PD partnered with NAMI and the University of Memphis and University of Tennessee
 - Created training
 - Specialized unit

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Talk of a CIT program started in 2006 after officers used lethal force on a man with mental illness
- Program started in 2007
- First training was in April of 2008
- Family has participated in many of the CIT trainings
- Family supports the CIT program

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Mobile Response
 - Offered through local mental health provider (Valeo Behavioral Health) starting in 2008
 - Crisis Case Managers carry CIT phone
 - Only LEO and employees have CIT phone number
 - Law Enforcement (LEO) could request CIT via the radio while on the street
 - Dispatch contacts the mobile response and they respond to the Officer and consumer
 - Idea was to have LEO working with mental health professionals in conjunction to best help the consumer in crisis

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Co-Responders
 - Evolution from mobile response
 - Mental Health Provider teamed with CIT trained Officer
 - Partnership between SCSO, TPD and Valeo
 - Work everyday together
 - Police thinking + Mental Health Provider thinking = successful crisis intervention
- The pilot program was initiated in Spring 2013. The data collected supported the need for the program.
- One crisis responder was hired full time through Valeo in 2014

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Co-Responders
 - The program continued to be successful, and a second full time crisis co-responder was hired August 2015.
 - We currently have 2 full time crisis co-responder positions and 2 PRN responders.
 - The crisis co-responders are employed through Valeo. One position is funded through a partnership among TPD, SNSO and Valeo, the others are funded by the City of Topeka.
 - Crisis Co-Responders often have relationships built with other community partners that work with behavioral health clients. This relationship allows the Crisis Co-Responders access to the behavioral health staff to communicate their assessment and needs of the client which frees the Law Enforcement Officer to respond to other emergency calls.

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Co-Responders
 - 2020 Numbers
 - Crisis Co-Responders took approximately 1,181 calls.
 - The average time officers spent on 2nd shift CIT calls once Crisis Co-Responder was engaged was 22.51 minutes (our goal is under 60 minutes).
 - 4% went to jail
 - 6% went to the ED
 - 61% were referred for mental health services

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Alternate Sentencing Court (ASC)
 - The Alternative Sentencing Court (ASC) is a specialized docket designed to address the unique needs of Defendants with mental health needs who have been charged with misdemeanor criminal or traffic offenses.
- Mental health courts have consistently been found to be successful in:
 - Increasing mental health treatment utilization
 - Reducing recidivism
- Goals of ASC
 - Increase offender utilization of mental health services
 - Reduce re-offending/recidivism of ASC participants

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Jail Liaison
 - Mental health professional visits jail 2 days a week to make contact with individuals who are Valeo consumers who have a MI or SUD (substance use disorder).
 - The liaison checks to make sure the consumer is receiving their medication, able to manage their symptoms and works on discharge planning.
- Necessary?
 - Estimated number of people with a SMI in jail in the U.S. ranges from 6 to 36% on any given day.
 - Estimated number of persons with a SMI admitted annually to U.S. jails: 800,000.
 - Jails are now being referred to as a mental health hospitals, as individuals with SMI revolve in and out.
 - SMI inmates tend to stay incarcerated 2 to 5 times longer than an individual without SMI.

EVOLUTION OF CIT IN SHAWNEE COUNTY

- Jail continued:
 - Shawnee County Department of Corrections (SNCO DOC) processes about 11,000 individuals each year, equating to 1,760 to 2,200 SMI offenders.
 - The SNCO DOC houses these offenders at a much higher per diem than a standard inmate. This is typically related to the significantly higher costs of medical care and greater deployment of manpower to safely house and manage an SMI inmate.
 - In 2015 SNCO DOC spent \$296K on medications.
 - Of that \$296K, \$10K was on psychotropic medications
 - It costs approximately \$79 per day to house an inmate at SNCO DOC.
 - It costs approximately \$300 per day to house an inmate at SNCO DOC who is SMI due to specialized housing, suicide screenings, and psychotropic medications.

COMMUNITY PARTNERS

- Topeka Police Department
- Shawnee County Sherriff's Office
- Shawnee County CIT Council
- Valeo Behavioral Health
- NAMI Kansas
- Shawnee County Department of Corrections
- Stormont Vail Health Care
- University of Kansas Health System – St. Francis Campus
- Family Service and Guidance Center
- Veterans Administration
- Topeka Rescue Mission

WHAT DOES THE FUTURE HOLD?

- Future plans for the BHU
 - Implementation of Homeless Outreach Officer/ Team
 - Implementation of the Community Health Team
 - Create the frame work needed for a VA specialist component of the BHU (full time CIT Officer with a specialty focusing on Veterans and the VA teamed up with the VA crisis co-responder)
 - Create the frame work needed for a juvenile specialist component of the BHU (full time CIT Officer with a specialty focusing on juveniles and the FSGC crisis co-responder teamed up)
 - Have a greater impact in the elimination of mental health stigma



QUESTIONS?





- SGT Josh Klamm
- Topeka Police Department
- Community Policing/ CIT Behavior Health Unit
- Office: 785-368-9490
- Cell: 785-383-4544



- Valeo Co-Responders (785-207-2942)

- M-F 8a-430pm Laura Brake Unit 341
- M-F 1p-930pm Turner Smith Unit 342
- Saturday 10a-11pm Jennifer Johnson Unit 343
- Sunday 10a-11pm Christy Cox Unit 343

- Supervisor Chrissy Russell Unit 340
 Office: 233-1730, ext 4127